

Personal, Social, Health and Economic Education – Intent, Implementation and Impact

“We pay a high price when we deprive children of the exposure to the values, principles and education they need to make them good citizens.”

Sandra Day O’Connor

Personal, Social, Health and Economic Education - Intent

At Thwaites School, PSHE is at the core of what we do. It enables our children to become healthy, confident, independent, and responsible members of society. Through PSHE our aim is to help them understand how they are developing personally and socially, whilst, tackling many of the moral, social, and cultural issues that are part of growing up. Through our whole-school approach to PSHE, it is our belief that excellence in these areas will lead to excellence across the curriculum and beyond in later life. PSHE is taught across the school from EYFS - Year 6 on a weekly basis; with further opportunities to deepen our PSHE knowledge through special events throughout the school year. Our PSHE curriculum uses the HeartSmart scheme which incorporates links to our school values, with RSE being taught within the curriculum using HeartSmart resources and the book ‘Sex and Relationships Education for Ages 9-11’ by Molly Potter. The HeartSmart programme also fulfils all the requirements of the governments’ new relationship education programme. Children will think about healthy relationships, puberty and problems arising from social media. In a rapidly changing world, children will need to be prepared to adapt and to make informed choices. This provides opportunities to enrich our delivery of PSHE in a creative way, whilst, at the same time helping our children explore a wide variety of issues about themselves, others and their rights and responsibilities. We provide our children with a strong understanding of the diverse world around them and support them in developing their self-worth by playing a positive role in contributing to school life and the wider community,

through opportunities such as; school council, environment champions, play leaders, Values Shop assistants and library monitors and year. PSHE reaches across every curricular area, as well as into every strand of school life. Our PSHE curriculum forms an important and intrinsic part of our school ethos.

Personal, Social, Health and Economic Education – Implementation

The HeartSmart Scheme embodies our school ethos, which aims to enable all children, regardless of background, ability, additional needs, to flourish in order to become the very best version of themselves they can possibly be. The HeartSmart scheme aims to build character, resilience, and emotional intelligence. The curriculum is shaped around five core values, to help our children make healthy choices: Don't Forget to Let Love In, Too Much Selfie Isn't Healthy, Don't Hold on to What's Wrong, Fake is a Mistake, and No Way Through Isn't True! Each year group will work on the same topic but each topic is at an age-appropriate level. The scheme ensures that skills and knowledge are built on appropriately to maximise learning for all children.

Personal, Social, Health and Economic Education - Impact

By the time children leave our school they will be fully prepared, socially and emotionally, to face the challenges of secondary school and life beyond. All children will have the willingness and ability to try new things, push themselves and persevere, to have a good understanding of how to stay safe, healthy and develop good relationships. Children will have an appreciation of what it means to be a positive member of a diverse, multicultural society and have strong self-awareness, interlinked with compassion of others.

