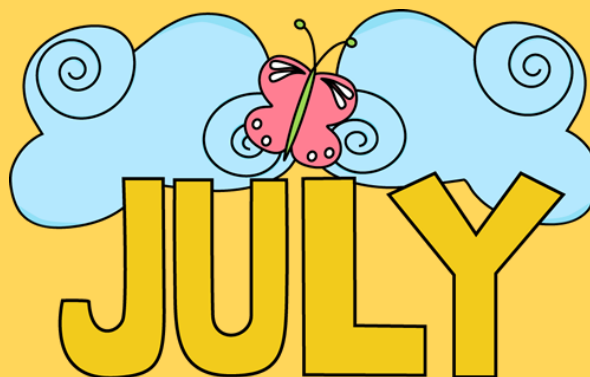


Out and About

July 2025
ISSUE 485



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Thank You Thwaites for a Good Gala

We were bracing ourselves for a day of strong winds and heavy rain after a long stretch of lovely weather but, happily, the weather on the afternoon of 7 June turned out to be much better than forecast for Thwaites gala.

Although some people would have been put off by the bad weather in the morning, many turned up to enjoy an afternoon of fun, entertainment and socialising,



Thank you, as always, to those who worked hard behind the scenes to organise the gala; to those who put up and took down marquees; set out tables and chairs; provided and served refreshments. Thanks also to those who set up and staffed the good variety of stalls and displays and to all those who performed on the day.

And of course a big thank you to everyone who came along to support our annual community event. Same again next year?



NEWS FROM THWAITES VILLAGE HALL



Playgroup Bulletin



Thank you to Thwaites school for hosting us again on 9 June, We enjoyed the change of toys and play equipment and the chance to join the nursery children in the school hall.

We are holding our end of year party at Thwaites Village Hall on Monday 7 July from 10:00 to 12:00. Do come and join us for a fun time!

Thwaites 100+ Club

Registered Charity Number 520347

We need your help

LAUNCHING SOON FOR THE NEXT PRIZE YEAR

Monthly prizes of 1st prize £50,

2nd prize - £25, 3rd prize £15

Each ticket costs £20 for the year with 12 chances to win.

Deadline for your application form is
31st July 25

PLEASE NOTE ALL EXISTING MEMBERS WILL BE EMAILED A NEW APPLICATION FORM FOR NEXT YEARS DRAW. ANY NEW MEMBERS WHO WISH TO JOIN THE 100 CLUB, PLEASE EMAIL GAIL ON SAVAGEG62@GMAIL.COM

All profits help care and maintain your Village Hall

Prize draw will take place at the Village Hall during first week of each month

TVH Diary Dates July

MONDAYS

7th and 14th

PLAYGROUP 10am—12 noon

WEDNESDAYS and THURSDAYS

TABLE TENNIS 6—7.30pm

Cost: £2 per person; all welcome

FRIDAYS

BAT & CHAT LADIES TABLE TENNIS 6—7pm

£2 per person; bats and balls provided



Thwaites WI

Tuesday 15 July: Visit to Cumbrian Heavy Horses

Tuesday 19 August: *My Adoption Story*
Speaker: Jo Horsley

Visitors welcome; please contact Carol on 07968642201 or a member of the committee

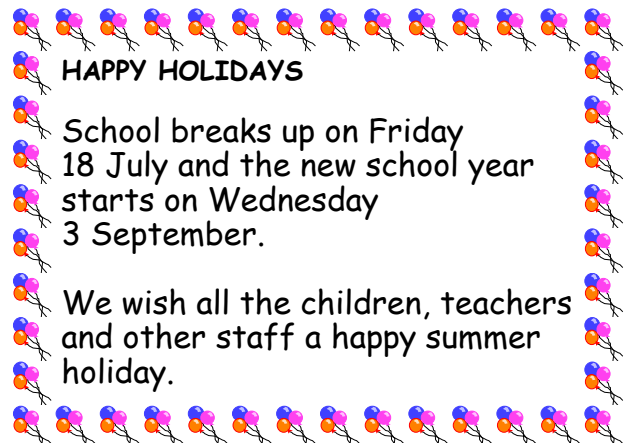
THWAITES 100+ CLUB WINNERS

June

1st £50 No. 26 Sue Larkin

2nd £25 No. 18 Alice Barrow

3rd £15 No. 74 Lesley Mallard





SCHOOL REPORT



Walk to Remember

The sponsor money from the Walk to Remember by children from Thwaites Nursrey and Primary School has been collected and counted and the school are delighted to announce the event raised a fantastic £1,461. This means that £1,095.75 will go to the school fund to enrich the children's education, whilst £365.25 will be donated to *Help for Heroes* to mark the 80th anniversary of VE Day. The weather was beautiful, making the stunning walk even more fantastic. Mr. Redhead, the headteacher, would like to say a huge well done to all the children who took part and the staff for their support. Also a huge thank you to all parents and carers who joined us.



Well done to all the children on the Walk to Remember



The Thwaites Gala

Another year, another amazing Thwaites Gala. The weather was kind and Thwaites School had a fantastic day in their tent, entertaining the children with craft activities and chatting with parents and members of the community. Mr. Redhead would like to say thank you to those who popped in. The school would also like to say a huge thank you to the organisers for including them and for keeping Mr. Redhead fuelled with cake and cups of tea and a huge thank you to Mrs. Barrow for the tent, the activities and the sweets. As always, your support is very much appreciated. Finally, well done to the Gala Queen. You did Thwaites School and your village proud.

The Gala Queen was a credit to the school

A Trip into the History of Vehicles

This half-term the children in Class One at Thwaites School have been travelling through the history books to learn all about different modes of transport. Amongst other activities they have invaded nursery in their very own Viking longboat ('Watch out, nursery!'), attempted to fly with wings made of sticks and leaves and created paper aeroplanes before conducting test flights on the field. It turns out flight engineering is harder than it looks.

Birdbox Bonanza

Years 5 and 6 have had a brilliant afternoon using drills, hammers and nails to create their own bird boxes, linked to their science topic 'living things and their habitats'. A big thanks to Jack from Unit 3 for delivering this session; the children had a great time making and painting their boxes. These will be put up around the school grounds in the hope that they encourage birds to nest.



Class One children in their Viking longboat

Building Resilience

The children in Class One have been learning about resilience and being supportive. They built a course to follow and then encouraged and helped each other and the nursery children to navigate it. They had lots of fun and learned about the value of resilience and supporting each other when things get challenging. Well done Class One!



Using practical skills to make bird boxes



Helping each other to navigate a course



NEWS FROM THE HILL

FILM NIGHT



**Saturday 19 July
7pm for 7.30pm**

CASTING THE RUNES and THE RESIDENCE AT WHITMINSTER

Adaptations of two supernatural stories by MR James

Tickets £3 on the door
Bring your own drinks and nibbles

June draw winners

- 1st prize no 56 David McGrath
- 2nd prize no 12 Kate Tame
- 3rd prize no 17 Helen Chew
- 4th prize no 22 Ian Hornsby
- 5th prize no 48 Howard Proctor
- 6th prize no 40 Hall Family
- 7th prize no 103 Jane Smith

THE HILL OPEN HOUSE

**Saturday, 5 July
5.30 - 7.30pm**

Come and meet your neighbours at The Hill village hall

Bring your own drinks

Nibbles provided



OPEN GARDENS IN LADY HALL

Causeway Cottage
and Newton Barn LA18 5HR

**Tuesday 12th August
1.00pm to 4.00pm**

*Entry and refreshments by donations to
St Mary's Hospice and Bethesda Project*



Tea and Cake Plants for sale

Parking as directed at Causeway Cottage

The Bethesda project, is a partnership with Keppleway supporting people with disabilities in Burundi.



**THIS YEAR THERE WILL BE A NEW GARDEN JOINING THE SCHEME.
IN ADDITION TO THE TWO GARDENS IN LADY HALL, THE GARDEN AT**

**DUDDON BANK
MILLOM LA18 5HT
(SOUTH OF DUDDON BRIDGE
ON THE A595)**

WILL BE OPEN ON THE SAME DAY AT THE SAME TIMES

Parking in the adjacent lay-by
(or if you're brave there are a couple of spaces by the house at the top of the steep drive!)

Millom and Broughton Agricultural Society



OPEN SHOW

Saturday 30th August



Schedules out soon!!!



**Why not enter our
Handicraft, Produce
or Horticultural Classes?**



Handicraft and Produce
Closing Date Fri 15th August
Horticultural Classes



Enter on the day

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**Enquiries to Penny Moreton 01229 771202**

**[yrushmarathons@btinternet.com](mailto:yrushmarathons@btinternet.com)**

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www.millomandbroughtonshow.com

Follow us on



BEAT THE BALSAM!

Himalayan balsam is getting ahead of us again and more help is needed to destroy it. Time is of the essence as **it's vital we clear all the flowering plants during July before they start seeding.**



The next work party is on **Sunday 6 July**, meeting at **10am** at **The Hill village hall**. Please come along and lend a hand if you can. No tools or experience needed.



Cumbria
Wildlife Trust

THANK YOU

to everyone who came to the Tomsteads Open Garden event on 22 June or donated items to the tombola stall. A total of **£640** was raised which will go towards local wildlife conservation.

Getting ready for digital phone lines



By 31st January 2027 most analogue networks will be switched off and most people will need to move from an analogue phone line to a digital phone line before then. Some communications providers have already stopped selling analogue phone lines or will do so well before 2027 so it's recommended to check on your provider's website.

Why is this happening?

Analogue networks have been in operation for decades and have reached the end of their serviceable life. The telecoms industry is finding it difficult to source the parts required to maintain or repair connections, as suppliers are no longer manufacturing them.

What does switching to digital mean?

It means that your phone service will be delivered over the internet, similar to Zoom or Skype. For most people upgrading to digital services should be straightforward. Where a full fibre broadband service is available you'll be upgraded from an analogue phone line to a digital one when you place an order and request a phone service or sign up to a new contract, whether you're changing provider or upgrading.

What do I need to do?

Communications providers will contact their customers ahead of the migration taking place, so you don't need to take any action until your provider contacts you directly. You should look out for communications material from them and be careful not to confuse this with marketing material.



What is BEAT Route?



No—nothing to do with vegetables!

The **Barrow to Esk Active Travel (BEAT)** project is seeking to establish a safe, family-friendly and traffic-free route for communities between Barrow and the Esk. The route will provide links for education, work, shopping, public transport, other services and leisure for travel by foot, bicycle, with wheels, and on horseback.

Who are we?

We are a community group working with local authorities, LDNPA, Sustrans and others to understand how best to work together with landowners to progress a route. All of these groups have plans at various stages of development to promote active travel in our area.

Why do we need a traffic-free transport route?

The area between Barrow and the Esk faces several significant challenges. A traffic-free transport route could contribute to addressing these issues by:

- Providing access to physical activity outside to improve the health and well-being of residents
- Reducing isolation of young people and others without cars from their communities and services
- Providing links to facilities and services that benefit residents, attract visitors, and provide opportunities for local businesses
- Reducing local transport costs, congestions and carbon footprint, while improving local air quality

How are we going to develop a route?

Our focus is on identifying and developing routes for community benefit *in conjunction* with landowners and other stakeholders. Priority sections of route for residents are being developed in order to build experience and support for the project team.

There is funding available for the right project: from the Government for environmental stewardship, schemes that promote health and well-being; from large local employers seeking to reduce commuter traffic and promote healthy lifestyles; by growing the visitor economy.

Support us

Contact us on our e-mail address beatroute2@gmail.com for more information on how to :

- Become a member of our community group: the more members the stronger our voice
- Join or start a group looking at a section of the route (there are groups now for Millom to Silecroft, Askam to Kirkby and we intend to set up a group looking at a route between Millom and Broughton)
- Give us your views and suggestions by completing our survey
- Help us design a logo





The Old Bank

Things are taking shape at the Old Bank - part of the Millom Town Deal - and as work progresses we are uncovering parts of the building's story were excited to preserve and share.



The old vault door will be a serving hatch for the new café

One of the standout features is the old vault door - still firmly in place and staying that way. We're welding it open and turning the entrance into a server's hatch for the new café. The vault room behind it was one of the first big demolition tasks for the team. It took a few days to break through all the steel and concrete (remember all that noise?). This whole area will form part of the new café extension.

We've also uncovered one of the original fireplaces on the second floor. It's one of the few left in the building and will be carefully removed, cleaned, and reinstalled - bringing a bit of the building's old warmth and character into its future use.

In the arts and crafts area on the ground floor, we're keeping the old safe as a feature too. It's a solid reminder of the building's history - even if, disappointingly, we didn't find any forgotten fortunes inside!



One of the original fireplaces will be reinstalled



A reminder of the past: the former bank's safe